Non-Radio Go Kit Items

Clothing

Wide brimmed hat Sweatshirt Extra T-shirt Extra outer shirt Extra underwear Extra Socks Long pants (jeans) Waterproof jacket/poncho Boots and sneakers Gloves – work and warm Large zip-loc bags for clothing

Personal Items

Medication Toiletries (toothpaste, brush, soap, etc.) Insect repellant (35% deet) Sun screen Sunglasses Wet cloth in zip-loc bag Battery operated fan Chair Blow-up mattress, pillow Sleeping bag or blankets Flashlight, maybe lantern Toilet paper Notebook, pens Emergency info book (forms, ICS-205, etc.) Water proof bags for HT's Knife Fork, spoon and bowl Backpack for the essentials

Food

Water, drinks Protein bars Hand purification gel Handie-wipes Water purification tablets

Assume the following:

- No air conditioning
- No heat
- Limited water and food
- Your automobile may not be with you
- Layers of clothing works best
- A few hours is a day
- A day is a few days
- You will get wet

Feel free to add items – email me: k2cib at arrl dot net